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# INT302 Strategies and Models of Prayer

*4 credits*

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## Description

Whether you have been an intercessor for years or are just beginning to explore this exciting topic, you will be instructed and inspired by this course. You will explore the many facets of the Hebrew word *paga* and how each nuance teaches us something about intercession. You will be exposed to many different methodologies for organizing and engaging in intercessory prayer, and practice several of them to increase your arsenal so you are prepared for whatever the Spirit leads you to do. Don't stand on the sidelines – become a part of establishing God's will on earth as it is in heaven!

## Course Texts

*Intercessory Prayer* by Dutch Sheets

*Prayerwalking* by Steve Hawthorne and Graham Kendrick

*Shaping History Through Prayer and Fasting* by Derek Prince

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## Course Objectives

- You will quote the following Scriptures and discuss their relationship to the ministry of intercessory prayer:
  - ✓ Psalm 115:16 Moffatt Translation
  - ✓ II Corinthians 10:3-5 NASV
  - ✓ II Corinthians 4:3, 4
  - ✓ Isaiah 62:6 Amplified

- ✓ II Corinthians 2:11 (Dutch Sheets' translation)
- ✓ Matthew 16:19 (Aramaic Bible in Plain English)
- ✓ Ephesians 3:20, 21
- ✓ I Timothy 2:1-4
- ✓ Jeremiah 1:9,10
- ✓ Isaiah 58:6-9a

- You will discuss the concept of man as God's "re-presentative" on earth, made in His image and likeness.
- You will state and discuss the biblical definition of "intercession" as given by Dutch Sheets.
- You will discuss at least five meanings of the word paga and what they teach about intercession.
- You will discuss the meanings of the two words translated "bear" in the New Testament and how they relate to intercession.
- You will state a definition and scripturally discuss the concept of travailing intercession.
- You will discuss the place of spiritual warfare in intercession.
- You will discuss the scapegoat as a picture of intercession.
- You will discuss the concept of measurable levels of spiritual substances, and what that means to the intercessor.
- You will discuss the concept that intercession is involved with "distribution," not "production."
- You will discuss the purpose of perseverance in prayer.
- You will discuss the significance of the phrase translated "rivers of living water" in John 7:38 KJV.
- You will state the definition of a prophetic action and discuss at least three biblical examples.
- You will discuss the spiritual applications that can be made from an understanding of the responsibilities of biblical watchmen.

- You will state a simple definition of prayerwalking, and discuss four ways in which prayerwalking can help you.
- You will discuss the preparation recommended before prayerwalking, the principles you should keep in mind while prayer walking and what should happen after a prayerwalk.
- You will name ten special categories of places where prayerwalking is especially important, and you will begin to consistently pray about these areas as guided by the Spirit.
- You will plan and execute a prayerwalk.
- You will scripturally support the statement that “Good government is the will of God,” and the significance of this statement to the intercessor.
- You will scripturally discuss the principle of judgment that it is never God’s will that the judgment due the wicked should come upon the righteous, and what that means to the intercessor.
- You will discuss two basic uses of salt in relation to food, and how these apply to the metaphor of Christian as the salt of the earth and the ministry of intercession.
- You will state God’s requirements for those who would rule over men.
- You will state the definition of fasting and scripturally support the claim that fasting is to be a regular part of the Christian life, and you will seek the guidance of the Lord concerning this discipline in your life.

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## **Course Requirements**

*NOTE: This is a four (4) credit course and therefore requires more work than you may be used to for a regular three-credit course. Be prepared for extra reading, extra assignments and extra memorization!*

1. Slowly, carefully and prayerfully read *Intercessory Prayer* by Dutch Sheets. This is a very “meaty” book, and you should take your time to digest all of the marvelous truths brought forth in it. Do not rush through this reading or you will miss some of the excellent insights he presents, and thus some of the wonderful

ministry God wants to do in and through you.

Answer all of the Questions for Reflection found at the end of each chapter. Some questions will ask for your thoughts or plans or ideas. Use these questions as journaling questions, and hear from the Lord for even greater life changes. Your answers will be submitted to your instructor.

2. One of the strategies of prayer you will explore is a disciplined, planned program of intercession for specific individuals or groups on specific days of the week. Beginning in Lesson One, all students are to pray for the following groups or an individual within that group for at least four weeks:

Sunday – your family

Monday – the lost

Tuesday – authorities

Wednesday – the nations

Thursday – Christian workers

Friday – the Church

Saturday – the sick and afflicted

Keep a diary detailing your experience. Enter the date and time you begin each day.

During the first week, you will begin your prayer time by journaling to learn the Lord's specific assignments to you in each stated category. The following weeks, start our prayer time by entering the names of the specific people for whom the Lord wants you to intercede in your diary.

Write down anything interesting, unusual, exciting, discouraging, curious, encouraging, or praiseworthy that happens which relates to your intercession. This may be a special burden or sense of the Lord's presence while praying, or an answer to your prayers. Or it may be a note indicating a feeling that God was not hearing your prayers or an apparently negative reaction to your intercession. Feel free to include anything which seems to relate to this prayer discipline, whether you perceive it as good or bad. Later, you may find that what you thought was a negative was actually a turning point in someone's life.

At the end of this four-week experiment, you will write a brief summary of your experience, your personal response to it and

feelings about it, and any plans you have for continuing or adjusting this discipline. This summary need only be one page in length. Your Prayer Diary and summary will be submitted to your instructor in Lesson Five.

3. Continue the discipline of setting aside a daily time of intercession while completing Lessons Five–Twelve. However, you are no longer required to follow the strict program of Course Requirement #2. Instead, experiment with the other strategies you learn about in the course and let the Spirit lead you in your intercession. Keep an informal diary of your experiences. This diary will be submitted to your instructor in Lesson Twelve.
4. Carefully read Prayerwalking as assigned, answering the Application Questions found here in the Student Notebook. These answers will be submitted to your instructor.
5. After you complete Lesson Seven, you are to undertake a prayerwalk. Document all steps of your prayerwalk:

- a) What preparations did you make before prayerwalking? The author suggests the following: Prepare your heart; Gather your mind; Seek God for guidance; Receive each other; Forgive each other; Approach God; Organize prayer teams; Designate areas, routes or sites; Agree on timing; Review topics of prayer; Emphasize the significance of prayerwalking. Obviously, not all steps will be necessary for every type of prayerwalk.

However, as you prayerfully consider the prayerwalk God has called you to at this time, be sure to take the time for whatever preparatory steps are necessary, and describe them.

- b) Describe your actual prayerwalk. Where did you go? Why did you go there? Who was with you? Did you engage in any “contact prayers”? Were there specific Scriptures which the Spirit brought to your mind and heart to use? What did you see, both naturally and spiritually? Did you sing? If so, what? How did you feel about the prayerwalk experience?

Do you believe you accomplished what God wanted you to?

- c) What kind of follow-up did you do after your prayerwalk?

Again, the author has certain recommendations, including: Report significant prayers and insights; Avoid over-expectations; Trace routes taken on maps; Keep a journal; Evaluate; Decide on future prayerwalks. Which of these were relevant to your prayerwalk, and how did you fulfill them?

This report will be submitted to your instructor in the last lesson.

6. Prayerfully read *Shaping History Through Prayer and Fasting* by Derek Prince, answering the related questions found here in your Student Notebook. These answers will be submitted to your instructor.
7. Earn at least a “B” on all Tests (not Self-Tests).
8. Submit a final paper summarizing what the Lord taught you through this course and any ways in which He changed you as a result. Discuss any new truths you learned, and what they will mean in your future prayer life. Describe any of the strategies that were especially meaningful to you and which you believe the Lord would have you continue. This paper is to be a minimum of three typewritten pages, single-spaced, maximum 12-point font, and is due in Lesson Twelve.

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## Standards for Grading Assignments

As indicated below, “C” or 2.0 level work is considered average. **Leaders are not average people.** You are therefore expected (required) to put forth the effort necessary to demonstrate at least “B” (3.0) level work or higher on all assignments which you submit. Any which do not will be returned to you with input from your instructor on how you can raise your grade to the expected level. **A course grade will not be given until your assignments demonstrate that you have understood the material presented in the course and allowed your life to be transformed by the Spirit and the Word studied** — the requirements for attaining a “B”.

Your individual assignments (notebooks, tests, reports) will be graded according to the following standards. These grades will be averaged together to determine your course grade. Remember, we are training leaders and leaders are above-average people. Your work will reflect that.

- “D”
  - Indicates barely passing work that is inferior to the average both in quantity and in quality.
  - Manifests a lack of initiative or sense of responsibility or both.
- “C”
  - Average work; either steady work of an acceptable quality, or work of a high quality which is uneven, irregular or fragmentary.
  - May be mechanically or outwardly correct but shows little reflection upon or personal assimilation of the material.
- “B”
  - Intelligently has fulfilled the requirements of this course.
  - Understands the subject matter presented and has applied it to his life in a limited manner but has not really made the truths his own.
- “A”
  - Grasped the material with thoroughness, industry and correctness of detail.
  - Made the material his own by thinking about it and integrating it, using originality, natural ability, and insight.

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# Lesson One

**Reminder: Save your answers into a digital document** to be emailed to your instructor. Use Microsoft Word, Google Docs, any other word processor or even just save it as an email draft or in the Notes application of your mobile device. *Handwritten work will be not be accepted* without prior approval from your instructor.

## **Assignment to be completed:**

Prayerfully read Chapters One–Five of *Intercessory Prayer* by Dutch Sheets, answering the questions found at the end of each chapter. Be sure to journal about all questions where it is appropriate. These answers will be submitted to your instructor in Lesson Five.

Begin your disciplined intercession according to Course Requirement #2. Your Prayer Diary will be submitted to your instructor in Lesson Five.

Memorize Psalm 115:16 Moffatt Translation.

Complete and correct Self-Test.

## **Subjects to be explored:**

Why Pray?

Re-Presenting Jesus

Meetings: The Good, the Bad and the Ugly

## **Related objectives:**

- You will quote Psalm 115:16 Moffatt Translation. (The heaven...the Eternal holds Himself, the earth He has assigned to men.)
- You will discuss the concept of man as God's "re-representative" on earth.
- You will give an answer to the question, "Why pray?"
- You will discuss the meaning of the statement that God made man in His image and after His likeness.

- You will state the biblical definition of “intercessory prayer” as given by Dutch Sheets.
- You will discuss intercession as “distribution” rather than “production,” and what that means to your life of intercession.
- You will discuss the two aspects of intercession – reconciling and separating.
- You will state the various meanings of paga and discuss what they teach us about intercession.
- You will discuss the full meaning of Jesus’ declaration on the cross, “It is finished!” and state another possible translation.
- You will discuss the meanings of the two words translated as “bear” in the New Testament, and how they relate to intercession.
- You will discuss the scapegoat as a picture of intercession.

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# Self-Test

**NOTE:** *These Self-Tests are designed to clarify and reinforce the lesson objectives. They may be done with open book, if necessary.*

ALSO: These Self-Tests are generally short answer (except for Scripture memorization). On your Tests, you will be expected to expand on many of the topics that are merely mentioned in these Self-Tests. Don't simply memorize the basic facts found below. Refer to your Course Objectives when preparing for your Tests to learn what topics you will be expected to develop and discuss.

1. Quote Psalm 115:16 Moffatt Translation.
  
  
  
  
  
  
  
  
  
  
2. To \_\_\_ someone means to exhibit the image and counterpart of; to speak and act with authority on the part of; to be a substitute or agent for.
  - a) *paga*
  - b) sustain
  - c) represent
  - d) reconcile
  
  
  
  
  
  
  
  
  
  
3. The Hebrew word translated \_\_\_ involves the concepts of a shadow, a phantom or an illusion.
  - a) represent
  - b) reconcile
  - c) image
  - d) likeness
  
  
  
  
  
  
  
  
  
  
4. The Hebrew word translated \_\_\_ comes from the root word meaning to compare, and means similar or comparable to.
  - a) reconcile
  - b) likeness
  - c) image
  - d) represent

Select from the following terms the word that best fills in each of the blanks below.

paid  
laid on  
reconcile  
God

away  
sustain  
debt  
*paga*

satan  
separate

5. Intercessory prayer is an extension of the ministry of Jesus through His Body the Church, whereby we mediate between \_\_\_\_\_ and humanity for the purpose of reconciling the world to Him, or between \_\_\_\_\_ and humanity for the purpose of enforcing the victory of Calvary.
6. Like Christ's intercession for us, our intercession involves "going between" to \_\_\_\_\_ God and man, and also "going between" to \_\_\_\_\_ satan and man.
7. There are many shades of meaning of the Hebrew word \_\_\_\_\_ that help us understand the various aspects of intercession; one of these meanings is "to meet."
8. In Isaiah 53:6, this word is translated \_\_\_\_\_.
9. Another possible translation of Jesus' declaration, "It is finished!" is "The \_\_\_\_\_ is \_\_\_\_\_ in full!"
10. The word for "bear" used in Ephesians 4:2 ("bearing with one another" NIV) does not simply mean to put up with each other, but rather "to \_\_\_\_\_ or hold up against a thing," offering your strength to assist another to stand.
11. The word translated "bear" in Galatians 6:2 and Romans 15:1, on the other hand, encourages us not just to carry another's burden, but to carry it \_\_\_\_\_, helping them get rid of it.