

Advanced Christian Life Coaching

Course Description

You have come a long way in your journey of preparing to be a Christian Life Coach. This next course will take you further and enhance your skills on how to set up a successful coaching business or ministry. Through this course, you will have the opportunity to put into practice all that you have learned in the previous courses. A coach that does not know how to engage the client, ask the right questions, read body language, help clients to know the difference between short and long term goals and keep the right tools in his/her coaching tool box will not be able to keep a steady or successful coaching business or ministry. This course will give you practical step by step instructions into building your own coaching practice or ministry and how to keep your coaching business or ministry successful.

Course Texts

Coaching Questions: A Coach's Guide to Powerful Asking Skills
by Tony Stoltzfus

The Coaching Starter Kit by Coachville.com

Christian Life Coaching by Tony Stoltzfus

Course Objectives:

- You will quote each of the following Scriptures:
 - ✓ Matthew 6:30-32
 - ✓ Colossians 3:1-3
 - ✓ Philippians 2: 12-13
 - ✓ Genesis 12:1-3
- You will review the meaning of Life Coaching.

- You will list the impact of life coaching.
- You will give the definition of design, experience, passion, calling, destiny and life mission.
- You will state the definition of life purpose.
- You will discuss the meaning of your purpose within God's purpose.
- You will know how to align your life with God's purpose.
- You will discuss Jesus' Life Purpose.
- You will discuss in your own words, what is greatness by God's standards..
- You will list the seven questions framework and their meaning
- You will state the three levels of engaging.
- You will state the five areas couples can pray over during their devotion.
- You will state your personality type.
- You will define the meaning of blind pursuit.
- You will state the different internal obstacles that can hinder our purpose.
- You will state how to coach internal obstacles.
- You will list how we can identify strongholds.
- You will state the common wrong beliefs that Christians drag around.
- You will discuss Preparation in coaching.
- You will discuss how Moses' life prepared him for what He was born to do.
- You will list the keys for coaching negative preparation.
- You will define the meaning of Destiny Event.
- You will state how to coach Destiny Events.

- You will state the four facets of Calling.
- You will list the three misconceptions about A Call.
- You will define progressive revelation.
- You will prepare a plan/set up in writing/documentation for your own coaching business or ministry.
- You will set up your marketing strategies, including your short and long term goals.
- You will identify your Niche in coaching and your targeted age group or gender for your coaching business or ministry.

Course Requirements:

NOTE: Save your answers into a digital document to be emailed to your instructor. Use Microsoft Word, Google Docs, any other word processor or even just save it as an email draft or in the Notes application of your mobile device. Handwritten work will be not be accepted without prior approval from your instructor.

1. Lessons 1-5 of this course will cover all the questions for your final exam, which you will take in Lesson 12. Answer all questions in the text(s) as assigned as well as the related Discussion Questions here in your Student Notebook (Syllabus). These answers will be submitted to your instructor in Lesson 5.
2. Lessons 6-12 will be used to prepare and set up a prototype of your own coaching practice or coaching ministry. You are to complete Lessons 6-12 at your own pace; you can start working on this project as early as Lesson 1. You will apply what you have learned in your previous coaching courses and as well as the texts for this course as you work on this project.

This paper must include :

- 1) The name of your coaching practice or coaching ministry.

- 2) What your niche and focus clients will be.
 - 3) Your welcome packet to your client.
 - 4) Your clients' personality type.
 - 5) What business skills do you possess that you will apply in your coaching business or coaching ministry? If you do not have a business skill, how do you intend to develop yourself in order to enhance the necessary skills for a successful coaching business or coaching ministry?
 - 6) How would you market your coaching business or ministry?
 - 7) Set up an example of how you would coach a client and list areas where coaching is needed. Include at least two roadblocks you see, and how you would help a client overcome these roadblocks in order for them to fulfill their goals.
 - 8) Include a copy of your coaching agreement and feedback form with your report/paper.
 - 9) What would be in your coaching tool box? This should not be a quick report, sketched out on a piece of paper. Take your time to sit before the Lord and prayerful ask the Holy Spirit to help you set up your first coaching business or ministry.
3. Write a two-three pages final paper on how this course has impacted your life, including your personality type and or motivational gifts and what you have learned from the course that you will be applying in your coaching practice or ministry.
 4. Submit your paper on your coaching practice or the coaching ministry to your instructor in Lesson 12. Submit your final paper to your instructor with your final exam.
 5. Earn at least a "B" on the Final Test. The Lesson Objectives and Discussion Questions are key to your success on the tests.

Lesson One

Assignment to be completed:

NOTE: Save your answers into a digital document to be emailed to your instructor. Use Microsoft Word, Google Docs, any other word processor or even just save it as an email draft or in the Notes application of your mobile device. Handwritten work will be not be accepted without prior approval from your instructor.

Read the Introduction, Part I, pages 10-17, pages 18-37 of the book *Christian Life Coaching* by Tony Stoltzfus answering all practice questions in the textbook.

Answer the discussion questions on Lesson 1 in your Student Syllabus.

Start reading your textbooks *The Coaching Starter Kit* (TCSK) by Coachville.com and the *Coaching Questions* (CQ) by Tony Stoltzfus. You can read these at your own pace as you prepare to write your paper on setting up your practice or ministry according to requirement #2.

Memorize Matthew 6:30-32.

Subjects to be explored:

Introduction to Christian Life Coaching.

The Impact of Life Coaching.

Finding Your Purpose within God's Purpose.

Related objectives:

- You will quote Matthew 6:30-32. (Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?)
- "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For after all these things

the Gentiles seek. For your heavenly Father knows that you need all these things.)

- You will review the meaning of Life Coaching.
- You will list the impact of life coaching.
- You will give the definition of design, experience, passion, calling, destiny and life mission.
- You will state the definition of life purpose.
- You will discuss the meaning of your purpose within God's purpose.
- You will know how to align your life with God's purpose.

Exercises

1. What is the meaning of Life coaching according to Tony Stoltzfus author of CLCH?
2. What are the seven impacts of life coaching?
3. What are the definitions of design, experience, passion, calling, destiny and life mission?
4. What is the overall definition of life purpose?
5. Discuss the meaning of your purpose within God's purpose, in your own words.
6. Living on the purpose means:
7. What are the three levels of living on-the purpose life?
8. Write out and memorize Matthew 6:30-32