

# Prayers That Heal the Heart (Personal)

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## Description:

The main purpose of this course is to guide you through a series of prayers with the goal of bringing healing and release to your heart. Therefore, this is not a fact or academics-based course. It is an interactive experience that requires your total participation. Simply repeating the words after the instructor will accomplish absolutely nothing. It is not the words that bring healing – it is your faith that releases the power of the Holy Spirit to heal.

If you would prefer to develop a greater understanding of the theology and principles behind the various prayers, take COU301 Prayers that Heal the Heart (Professional) instead. Also, if you are planning to be involved in any ministry that involves counseling, you should take the Professional version rather than this one. You will still receive personal healing but you will also be better prepared to help others.

Prerequisite: REN103/503 Communion with God

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## Texts:

*Prayers that Heal the Heart* textbook – Mark and Patti Virkler

*LEARN Prayers that Heal the Heart* notebook – Mark and Patti Virkler

*Prayers that Heal the Heart* audios or videos – Mark Virkler

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## Objectives:

- You will quote and discuss the fulfillment of Isaiah 61:1-7.
- You will discuss what a healed heart looks like.
- You will recognize any areas within your own heart that need to be healed so you can live in faith, hope, love and victory.
- You will discuss the essential elements of the language of the heart, and how they differ from the language of the mind.

- You will discuss the importance of using the language of the heart in any attempts to bring healing to the heart.
- You will state the meaning of the Greek word *energeia* or *energis* (forms of the same word).
- You will state the steps involved in biblical meditation.
- You will discuss the need to create a memorial stone celebrating your healing and your steps of growth.
- You will discuss the seven prayers that together can bring healing to your heart.
- You will explain the concept of generational sins and curses.
- You will pray for the power of the cross of Christ to break the effects of any generational sins or curses affecting you and future generations.
- You will define what a soul tie is, and explain when a soul tie has become ungodly and unhealthy.
- You will break the power of any ungodly soul ties that have contributed to the heart wound you are addressing.
- You will quote Matthew 9:29b “According to your faith be it unto you.”
- You will state the definition of a negative expectation.
- You will recognize negative expectations that you have been holding that have contributed to the heart wound you are working on.
- You will state the four laws that are activated by negative expectations.
- You will replace your negative expectations with Spirit-anointed expectations of faith.
- You will define a negative inner vow.
- You will recognize inner vows that you have made that have been adding to the negative energy that you are expelling in this course.
- You will renounce your ungodly inner vows and instead purpose in the Holy Spirit to think and walk according to His word to you.

- You will define inner healing and describe the three steps involved in it.
- You will state a biblical example of inner healing.
- You will discuss and utilize the relationship between emotions and pictures to help you live in peace, joy and victory.
- You will discuss the power of spoken words.
- You will define a word curse.
- You will recognize word curses that have been spoken over you, by yourself or by others, and break their power in Jesus' Name.
- You will discuss what demons are.
- You will state the meaning of the word *daimonizomai*.
- You will recognize any demons that have been contributing to your heart issue.
- You will totally and completely tear down any demons' house and evict them from your life forever!
- You will define and trust in the Law of the Spirit of Life.
- You will define the Law of Sin.
- You will embrace the authority you have as a believer in Jesus Christ.
- You will state the five senses of your spirit and discuss how you are constantly using them to create the circumstances of your life.
- You will purpose in your spirit that you will incubate only Christ, filling the five senses of your spirit with only Him.
- You will experience the seven prayers that heal the heart.

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### Course Requirements:

1. Listen to or watch the teaching by Mark Virkler on *Prayers that Heal the Heart* as directed in your Course Schedule, following along in the LEARN notebook and interacting with the teaching as he directs (making confessions, praying prayers, etc.).
2. Completely read the textbook *Prayers that Heal the Heart* as directed in your Course Schedule. Answer the Personal Application questions at the end of each chapter.
3. Complete all exercises in the LEARN notebook as assigned.

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### Standards for Grading Assignments

As indicated below, "C" or 2.0 level work is considered average. **Leaders are not average people.** You are therefore expected (required) to put forth the effort necessary to demonstrate at least "B" (3.0) level work or higher on all assignments which you submit. Any which do not will be returned to you with input from your instructor on how you can raise your grade to the expected level. **A course grade will not be given until your assignments demonstrate that you have understood the material presented in the course and allowed your life to be transformed by the Spirit and the Word studied** — the requirements for attaining a "B".

Your individual assignments (notebooks, tests, reports) will be graded according to the following standards. These grades will be averaged together to determine your course grade. Remember, we are training leaders and leaders are above-average people. Your work will reflect that.

- "D"
- Indicates barely passing work that is inferior to the average both in quantity and in quality.
  - Manifests a lack of initiative or sense of responsibility or both.
- "C"
- Average work; either steady work of an acceptable quality, or work of a high quality which is uneven, irregular or fragmentary.
  - May be mechanically or outwardly correct but shows little reflection upon or personal assimilation of the material.
- "B"
- Intelligently has fulfilled the requirements of this course.
  - Understands the subject matter presented and has applied it to his life in a limited manner but has not really made the truths his own.
- "A"
- Grasped the material with thoroughness, industry and correctness of detail.
  - Made the material his own by thinking about it and integrating it, using originality, natural ability, and insight.

NOTE: Your answers to the Personal Applications and the Exercises will be submitted to your instructor for grading so prepare them in a way that will expedite this. Your instructor prefers to receive your answers as email attachment if at all possible. If you must send your exercises by the postal service, be sure to send a **COPY**, not your original in case your package is lost in the mail.

4. Follow the procedures for healing described in *Prayers at Heal the Heart*, completing all worksheets and receiving the ministry indicated. If possible, go to someone who is gifted in the ministries of deliver-

ance and inner healing to guide you through these. It is most likely that you will have several issues in your heart which must be healed. (Everyone does!) Follow the seven prayers for at least three of the issues that plague you, and more if you are able.

5. Write a paper describing the ministry you received and how it has affected you. Include copies of your “New Truth Bible Meditation Worksheets” and describe the “Memorial Stones” you have created. This paper should be at least five pages in length, and is due in the final lesson.
6. Earn at least a “B” on the Final Test.



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# Assignment Schedule

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## Lesson One

### Assignment to be completed:

Listen to or watch Sessions 1 and 2 of the teaching. Follow along in your LEARN notebook, filling in the blanks and completing the exercises as instructed. Be sure to do the personal application that Mark leads you in at the end of Session 1 before going on to Session 2. This will prepare you for the rest of the course.

Prayerfully read chapters 1 – 3 of the textbook *Prayers that Heal the Heart*. Answer the Personal Application questions at the end of each chapter.

Turn to page 22 of your *LEARN Prayers that Heal the Heart* notebook and do the “Exercises to Promote Ongoing Revelation at Home” in the left-hand column.

Memorize Isaiah 61:1 – “The Spirit of the Lord GOD is upon me, because the LORD has anointed me to bring good news to the afflicted; He has sent me to bind up the brokenhearted, to proclaim liberty to captives and freedom to prisoners;”

Complete and correct Self-Test One. The Self-Tests are designed to make sure that you have taken note of the important facts and principles presented in the lesson and may be done with open book if necessary. You will NOT be submitting your Self-Tests to your instructor. They are for your benefit only.

### Subjects to be explored:

Defining a Healed Heart

The Language of the Heart

### Related objectives:

- You will describe what a healed heart looks like.
- You will quote Isaiah 61:1.
- You will recognize any areas within your own heart that need to be healed so you can live in peace, joy and victory.
- You will discuss the essential elements of the language of the heart, and how they differ from the language of the mind.
- You will discuss the importance of using the language of the heart in any attempts to bring healing to the heart.